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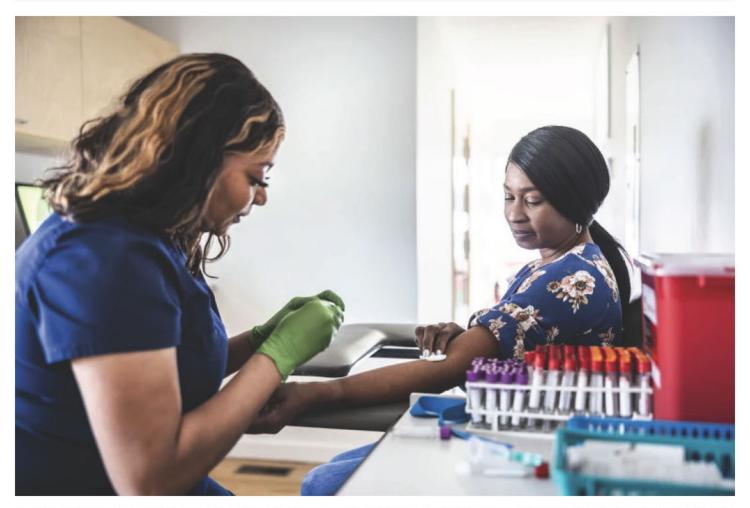
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# Can NIH-funded research on racism and health survive Trump's cuts?

The US administration has cancelled 'DEI grants' without defining DEI, leaving health-equity researchers in the dark.

By Smriti Mallapaty

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Funding is being rescinded from research into health disparities among people from minority ethnic groups in the United States. Credit: Getty

Dinushika Mohottige had anticipated the termination of her research grant, but it still stung – and left her with questions.



How Trump 2.0 is slashing NIH-backed research – in charts

In 2024, Mohottige, a nephrologist at the Icahn School of Medicine at Mount Sinai in New York City, was awarded a grant by the US National Institutes of Health (NIH) to study how structural racism contributes to kidney disease in a group of Black individuals who are already vulnerable to the condition because of a genetic variant.

The NIH, <u>a major funder of biomedical science worldwide</u>, scored her grant application highly, and by February, Mohottige had even received a notice that her second year of funding had been awarded. But about two week later, the funds were frozen – and on 19 March, the grant was terminated. The notice of termination stated that the award had been cancelled because it related

to diversity, equity and inclusion (DEI). US President Donald Trump, who took office in January, has targeted the concept of DEI as "radical" and as undermining US civil-rights laws by prioritizing certain groups over others. "It is the policy of NIH not to prioritize such research programs," the termination notice stated.

Mohottige found this reasoning confusing because her research proposal did not contain language referring to DEI, which many understand to relate to workforce hiring and training practices. "It begs the question, what does DEI mean to the issuers of this notice? Does it mean the term 'structural racism'? Does it mean 'Black Americans'? Does it mean that we can no longer do rigorous science to really understand why the devastating burden of health disparities exist in this country and around the globe?" asks Mohottige, who emphasizes that her views do not represent those of her institution.

Mohottige is one of several researchers studying health inequities whose NIH <u>grants have been cancelled</u> with the same justification. The terminations have raised concerns about the extent to which research in the field will get swept up in <u>the mass cuts to scientific research by the Trump administration</u>.

The NIH did not respond to *Nature*'s queries about how it defines DEI and about health-disparity researchers' lives and careers being upended.

#### Most vulnerable

In January, Trump <u>signed two executive orders</u> calling for the termination of all government DEI programmes and grants funding DEI work. But the orders don't define DEI other than to say that DEI policies "threaten the safety of American men, women, and children across the Nation by diminishing the importance of individual merit, aptitude, hard work, and determination when selecting people for jobs and services in key sectors of American society". The orders also call for grant recipients to be in compliance with federal anti-discrimination laws.



Exclusive: Trump White House directs NIH to study 'regret' after transgender people transition

This means that "you could interpret DEI to mean many things", says one health-disparity researcher who spoke to *Nature* on the condition of anonymity out of fear of reprisal, as did others in this article.

At a public event on 21 April, <u>Trump-appointed NIH director Jayanta Bhattacharya</u> said that the anti-DEI orders had been misunderstood. "I don't think that they're aimed at stopping fundamental research that advances the health and well-being of minority populations."



NIH director Jay Bhattacharya says that work on the biological consequences of characteristics such as race and sex is important. Credit: Andrew Harnik/Gettv

And in <u>an interview with Science published on 5 May</u>, Bhattacharya distinguished between studies that look at the biological consequences of individual characteristics such as age, race and sex, which he said were important, and those involving "politicized, DEI kinds of ideology", which he didn't define but said didn't contribute to improving health.

Despite Bhattacharya's statements, the anonymous researcher says that their own experiences and those of their colleagues suggest that studies on the biological consequences of characteristics are being treated as DEI work. The researcher's own grant looking at chronic kidney disease in people from minority ethnic groups was terminated this month because of its supposed connection to DEI.

NIH staff members have been given lists of **terms**, seen by *Nature*, that are to be used as reasons to reject proposals or flag grants for investigation. They include 'inequity', 'racism', 'underserved' and 'SDOH', which stands for the social determinants of health – non-medical factors, such as socio-economic status and access to healthy food, <u>that can explain differences in health</u> <u>outcomes</u>.

The NIH did not respond to *Nature*'s queries about whether the agency considers racism and social determinants of health as factors contributing to health or whether they are deemed politicized ideology.

# A chilling effect

Given the confusion and the cuts made already, "there's going to be a chilling effect on this line of research", says a programme officer at an NIH institute, who was granted anonymity because they aren't authorized to speak to the press. "We will end up having less inclusive research" because people are afraid to submit applications to study health equity, or because they quit academia for lack of funding.

Ultimately, researchers worry for the people their work serves. "This is going to have a detrimental effect on the people who tend to be worst off already due to marginalization," says another anonymous researcher, whose grant exploring theories of health equity and injustice was flagged as DEI-related and terminated.

Cancelling grants that focus on health disparities will mean "going back in time", says Jill Becker, a neuroscientist at the University of Michigan in Ann Arbor who studies sex differences. "We know that socio-economic status and race can influence health outcomes — those two are intricately entwined."

## **Guidance sought**

A leading concern for academics studying health equity at the moment is a lack of clear guidance. In reference to the interpretation of DEI among staff at the NIH, "there's been really little clarity on how, what, who is interpreting this language, who is deciding it, who is executing it and also what's going to happen with the appeals," says Nancy Krieger, a social epidemiologist at Harvard University in Cambridge, Massachusetts, who had a health-disparity grant cancelled on 28 February. Krieger has since filed an appeal with the NIH, as has Mohottige.



NIH cuts triggered a host of lawsuits: Nature's guide to what's next

This ambiguity was highlighted by a US judge overseeing <u>a lawsuit that seeks to reinstate</u> terminated grants at the NIH: "I understand the administration is against DEI," the judge said at a hearing on 8 May. "Respectfully, I just don't know what you mean," he said, adding, "there has to be some working definition" of DEI.

Government lawyers representing the NIH filed documents on 12 May alleging that the agency had "exercised its discretion to terminate DEI grants that it determined did not promote health, while preserving grants into health disparities". The filings did not elaborate on how this review was undertaken, nor whether it was conducted by NIH staff members. <u>Testimony from high-ranking</u>

NIH officials in a separate lawsuit indicates that a representative of billionaire Elon Musk's US Department of Government Efficiency handed spreadsheets of grants to be terminated to agency employees.

Becker says researchers are modifying their applications to avoid being flagged, for example by avoiding using the term 'racial disparities' and using **terms** such as 'sex differences' less frequently. "It is biasing how we're presenting the work," she says.

"People are calling now and saying: 'Can we just take the word equity out of our title?' like it's a bad thing," says another programme officer at an NIH institute who also spoke on the condition of anonymity. In the best-case scenario, researchers will find ways of doing the same work by another name, but in the worst case, the work just won't get done, and "we go back to only studying white men", the officer says.

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Additional reporting by Max Kozlov.

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