

Guide to Programs to Implement Supported Decision-Making

Many federal and state programs can be used to help people implement supported decision-making. Some resources to consider are:

Special Education

- IEP goals and transition planning can include improving self-determination and decision-making skills.
- Learn more at: <http://www.parentcenterhub.org>

State Vocational Rehabilitation Agencies

- Covers a wide range of supports to help people gain and maintain employment, including assessments, counseling, job search assistance, assistive technology, medical and mental health care, on the job training, job coaches, and transportation.
- Supported decision-making and self-determination in employment can be built into the Individualized Plan for Employment (IPE).
- Find your state's Vocational Rehabilitation Agency here: <http://askjan.org/cgi-win/TypeQuery.exe?902>

Centers for Independent Living

- Provide education, advocacy training, plans for self-sufficiency, counseling, service coordination, and other services to help people with disabilities live as independently as possible.
- Find your state's Centers for Independent Living here: <http://www.ilru.org/projects/cil-net/cil-center-and-association-directory>

Person Centered Planning through Medicaid Waivers

- Medicaid's Home and Community-Based Waiver program provides opportunities for people with disabilities to receive services in the community. Recent changes to the program require that these services be developed through a person-centered planning process.
- Learn more at: <https://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Long-Term-Services-and-Supports/Home-and-Community-Based-Services/Home-and-Community-Based-Services.html>

Medicaid Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)

- Provides comprehensive health care, including mental health, developmental, and specialty services, to any person under 21 receiving Medicaid.
- Learn more at: <https://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Benefits/Early-and-Periodic-Screening-Diagnostic-and-Treatment.html>

ABLE Accounts

- Money in an ABLE account can be withdrawn, tax free, to pay for housing, transportation, healthcare, and other expenses, and the money does not affect SSI or Medicaid eligibility.
- The person with a disability chooses how to spend the money, promoting self-determination and decision-making skills.
- Learn more about ABLE Accounts in your state at: <http://www.ablenrc.org/>