

Exhibit 56

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AL-QA'IDA Training for Resistance to Interrogation

Types of Interrogations:

1. Police Summons
2. General Detention
3. Private, Unrelated Event
4. Coercive (Torture) Interrogation

Importance of Information to Interrogator

- From small piece of info, complete case is built
- Do not talk, if forced, talk with caution
- Agree to general points and respond with vague answers

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AL-QA'IDA Training for Resistance to Interrogation

1. COVER

- Always have cover, maintain at all costs
 - Believable and memorized to smallest detail
 - Stick with even when confronted with evidence and under torture
 - Have group cover legend to explain activity
 - Avoid Western-trap of being told others have confessed

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2. Admit to Lesser Crime

– Be Prepared to Protect Greater Crime

- Accept punishment for having false papers
- Carry instrument for suicide rather than reveal true nature
- Request political asylum, esp. in Europe

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3. Gain Credibility

– Buy Time if Necessary

- Expose “10%” of an attack, vague terms
- Use if interrogator will be satisfied
- Reveal false or fabricated attack scenarios
- Establish false bona fides with details of past

– All Designed to Hide Knowledge of Actual Attack

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4. Maintain Pleasant Demeanor

- Be Friendly
- Do not aggravate or anger interrogator
- Show no religious fervor or name calling
 - Avoids torture and disarms interrogator
 - False impression of not being zealot
- Merely 'a simple soldier'

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AL-QA'IDA Training for Resistance to Interrogation

Additional Guidance

- Collaboration is prohibited
- Gain physical/emotional strength from Koran
- Stale blatant lies to buy time & regroup
- Feign passing out to avoid torture
- Maintain group integrity (communication and prayers)
- Only a reformed Jihad member will cause a true follower to re-evaluate stance and commitment

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AL-QA'IDA Training for Resistance to Interrogation

Additional Guidance (cont'd)

- While under torture, permitted to reveal some secrets
- Each word uttered may harm another brother
- Intelligence and Prosecutor coordinate
 - May be tortured repeatedly to compel confession
- When at the Prosecutor's office:
 - Request to be seen by medical staff to record injuries
 - After interrogation, request his exposure to torture be recorded
 - Request a lawyer be present, mention lawyer's name clearly
 - Request food
 - Deny any information and claim fabrication by Intell officer
 - Deny any written statement
 - Any confession was due to torture

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Additional Guidance (cont'd)

- When in presence of a Judge or at Trial:
 - Insist on recording that Brother was subjected to torture
 - Complain of bad treatment at prison
 - Memorize name of state security officers who performed torture and mention them to judge
 - Some Brothers may turn state witness (pray for him)
 - Use opportunity to covertly communicate with Brothers on the outside

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AL-QA'IDA Training for Resistance to Interrogation

- Resisting the Conditioning Process
 - Basic Conscript Level
 - Primitive Refusal
 - Engage in Distracting Behavior (i.e. prayers, emotional outbursts)
 - Complain about treatment
 - Advanced Training for AL-QA'IDA Leadership and Senior Operators
 - Battle of Wills vs. Battle of Wits
 - Pre Coordinated Statements and Resistance Techniques
 - Ask for Legal Counsel and Medical Care
 - Claim Statements were coerced

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AL-QA'IDA Training for Resistance to Interrogation

- **RESISTANCE POSTURE**
 - Identified cluster of behaviors related to resistance posture
 - Captivity and interrogation are a “Battle of Wills”
 - Be prayerful
 - Remain steadfast
 - Persevere in the face of adversity
 - Be unresponsive to provocation

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AL-QA'IDA Training for Resistance to Interrogation

- **RESISTANCE POSTURE (Cont'd)**
 - Think before responding
 - Pause before speaking
 - Be misleading with the appearance of sincerity
 - Resist complying with directives that shape cooperation
 - Regroup after mistakes and return to the pre-coordinated "Security Plan" (cover story)

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AL-QA'IDA Training for Resistance to Interrogation

- **ADVANCED AL-QA'IDA RESISTANCE TECHNIQUES**
 - Outright Denial, if forced - lie
 - Inability to Think – Concentrate – Comprehend
 - Feigning Injuries or Disabilities
 - Digressing into Irrelevancies
 - Contradiction of Previous Statements or Behavior
 - Misleading, Vague and Inaccurate Statements
 - Stalling and Pausing

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Al Qaeda Training for Resistance to Interrogation

- **CASE STUDY**

- Challenges:
 - Well educated
 - Trained in resistance tactics, security and deception
 - Limits on exploitation tools; including inducements
 - Knowledge of US restrictions
 - Willing, maybe eager, to die as a martyr
 - Deep seated hatred for America

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AL-QA'IDA Training for Resistance to Interrogation

- **CASE STUDY**
 - General Resistance Posture
 - Apparent sincerity
 - Willing to assist, but does not possess info or cannot recall details
 - Able to quickly process implications
 - Structures responses to provide minimal information

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AL-QA'IDA Training for Resistance to Interrogation

- **CASE STUDY**

Counter-measures used:

- **Vague or non-specific information**
 - “maybe, I think, could be” or information widely known and not attributed to single individual
- **Digress into irrelevancies**
 - Dated material, details not related to threat-related query
 - Details on persons dead or known to be captured
- **Outright Denial**

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- CASE STUDY**

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AL-QA'IDA Training for Resistance to Interrogation

- **CASE STUDY**
 - **Confrontation**
 - Changes story in effort to confuse / frustrate
 - Reveals increasingly detailed irrelevant information
 - Attempts to reverse or revise previous disclosures
 - **Protest**
 - Attempts to convince rather than convey
 - “...just a simple man, we don't talk to one another”
 - Uses ploy to digress into irrelevancies

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AL-QA'IDA Training for Resistance to Interrogation

- **CASE STUDY**
 - **Lies of Omission**
 - Explains away personal involvement
 - Lack of recall on key details
 - Understates value of 'work' and status
 - **Innocent Statements**
 - Innocent explanations for incriminating details
 - Codes in date book are 'merely shorthand', false passports for personal use for innocent travel
 - "Throw-Away" data

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AL-QA'IDA Training for Resistance to Interrogation

- **CASE STUDY**
 - **Stalling and Diversion**
 - Repeat question, feign lack of understanding
 - “Mukhtar, Mukhtar, where have I heard that name”
 - Feign sudden pain, trouble breathing
 - Shifting in seat, stretching
 - **Feign physical problems**
 - Confusion, mumbles incoherently
 - Shaking hand, twitching uncontrollably
 - Tactic described in diary with Pakistani interrogators
 - Confronted with tactic, never used again

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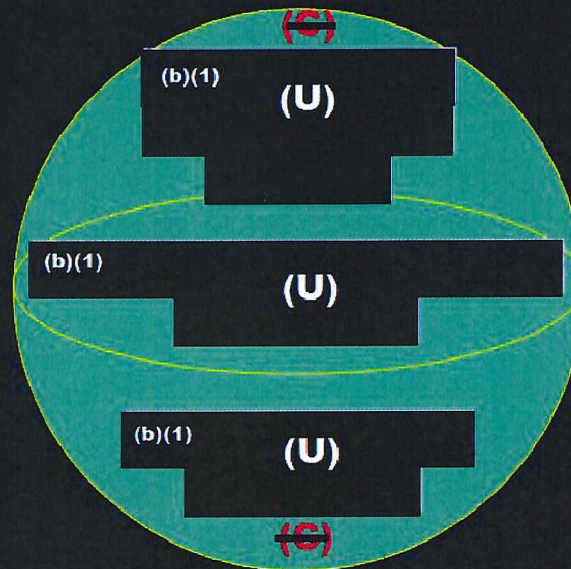
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METAPHOR FOR UNDERSTANDING AL-QA'IDA RESISTANCE



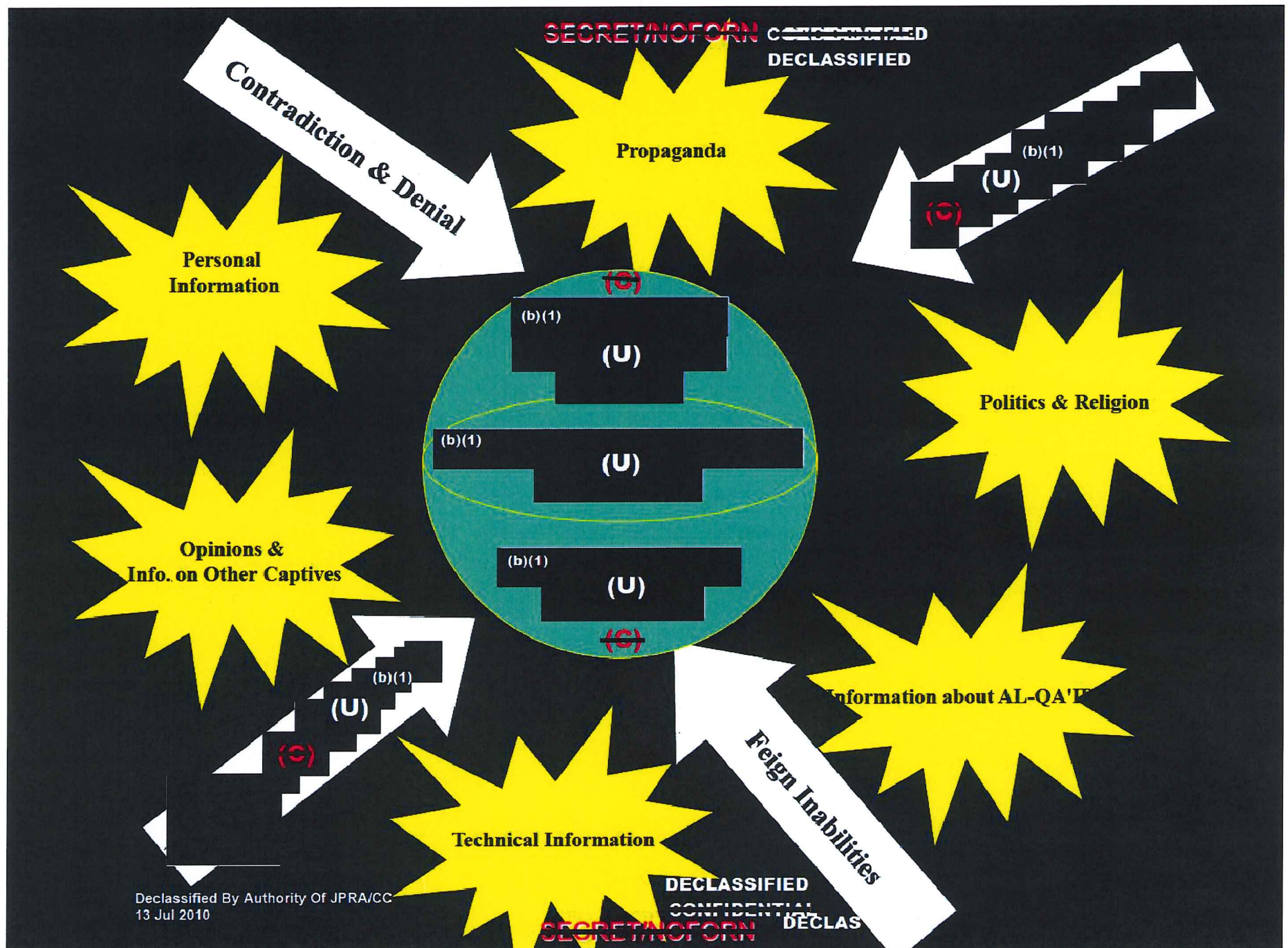
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AL-QA'IDA Training for Resistance to Interrogation

DEVELOPING COUNTERMEASURES

- Develop solid grasp of Al-Qa'ida resistance techniques
- Thoroughly assess captive for use of techniques
- Identify those using advanced concepts
- Segregate those using techniques from those using primitive resistance tactics
- Craft and employ tactics to exploit vulnerability associated with specific resistance strategies
- Reduce 'cross-contamination' communication after exposure to countermeasures

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