

EXHIBIT 109

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EYES ONLY - INCREASED PRESSURE IN THE NEXT PHASE OF THE ABU ZUBAYDAH INTERROGATIONS

From: [redacted]

To: [redacted]

Cc:

Bcc:

Subject: EYES ONLY - INCREASED PRESSURE IN THE NEXT PHASE OF THE ABU ZUBAYDAH INTERROGATIONS

Date: 7 [redacted] 2002 3:17:58 PM

[redacted]

S E C R E T

[redacted] ALEC

TO: [redacted]

FROM: [redacted]

SUBJECT: EYES ONLY - INCREASED PRESSURE IN THE NEXT PHASE OF THE ABU ZUBAYDAH INTERROGATIONS

REF: ALEC [redacted]

TEXT:

1. ACTION REQUIRED: PLEASE SEE BELOW FOR HQS/ALEC DETAILS ON THE PLAN TO INCREASE THE PRESSURE IN THE NEXT PHASE OF THE ABU ZUBAYDAH INTERROGATIONS.

2. ON [redacted] JULY 2002, HQS/ALEC HELD A MEETING TO DISCUSS INCREASING THE PRESSURE IN THE POST-ISOLATION PHASE OF THE ((ABU ZUBAYDAH)) INTERROGATIONS. AT THE TIME OF THE MEETING, ABU ZUBAYDAH WAS IN THE TWENTIETH DAY OF THE ISOLATION PHASE, IN WHICH HE HAS HAD NO CONTACT WITH INTERROGATORS. THIS MEETING WAS A FOLLOW-UP TO THE HQS MEETING ON [redacted] JULY 2002. HQS PRIMARY PARTICIPANTS INCLUDED

Mitchell

[redacted] CTC [redacted], [redacted] CTC [redacted], [redacted] CTC/UBL [redacted] [redacted] CTC/UBL [redacted], AND [redacted] CTC/LGL [redacted] AZ INTERROGATION TEAM MEMBERS [redacted] IC SERE PSYCHOLOGIST [redacted] FBI SA [redacted], AND [redacted] SERE INTERROGATION SPECIALIST [redacted] WERE PRESENT FOR THE MEETING. IN ADDITION TO [redacted] FBI OFFICERS PRESENT WERE [redacted] AND [redacted] REPRESENTATIVES FROM OTS/

Jessen

AND OMS WERE ALSO IN ATTENDANCE.

3. INTENT: THE INCREASE IN PRESSURE IS INTENDED TO PRESS ABU ZUBAYDAH ON TWO AREAS FOR WHICH WE ARE CERTAIN HE IS WITHHOLDING INFORMATION: 1) TERRORIST SUPPORT NETWORKS WITHIN THE UNITED STATES AND 2) PLANS TO CONDUCT ATTACKS

[redacted]

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WITHIN THE UNITED STATES OR AGAINST OUR INTERESTS OVERSEAS. AS ABU ZUBAYDAH HAS COME TO EXPECT A CERTAIN LEVEL OF TREATMENT AND CARE WHILE IN UNITED STATES

CUSTODY, THE INTERROGATION EXPERTS BELIEVE HE IS NOT PRESENTLY COMPELLED TO PROVIDE THE CRITICAL INFORMATION WE ARE SEEKING. IN ORDER TO PUSH ABU ZUBAYDAH

TO THE POINT WHERE HE MAY BE WILLING TO PROVIDE DIRECT THREAT INFORMATION, WE MUST DISLOCATE HIS EXPECTATIONS.

4. INTERROGATORS: THE INTERROGATION TEAM PRESENTED A SERIES OF APPROACHES/METHODS THAT WOULD BE EMPLOYED IN AN "INCREASED PRESSURE PHASE." THIS PHASE WOULD SERVE TO DISLOCATE ABU ZUBAYDAH'S EXPECTATIONS AND MOTIVATE HIM TO PROVIDE THE INFORMATION WE ARE SEEKING. TO ASSIST IN THIS EFFORT, WE HAVE CONTRACTED A SERE INTERROGATION SPECIALIST [REDACTED] WITH EXTENSIVE Jessen EXPERIENCE IN THE TECHNIQUES OF [REDACTED] INTERROGATIONS. THIS INDIVIDUAL WILL WORK HAND-IN-GLOVE WITH THE INDEPENDENT SERE PSYCHOLOGIST [REDACTED] Mitchell

[REDACTED] WHO HAS BEEN INVOLVED IN THE ABU ZUBAYDAH INTERROGATIONS SINCE THEIR INCEPTION. DURING THE "INCREASED PRESSURE PHASE" OF THE INTERROGATIONS, ABU ZUBAYDAH WILL NOT BE EXPOSED TO THE INTERROGATORS WITH WHOM HE IS FAMILIAR. RATHER, HE WILL ONLY HAVE CONTACT WITH THE SERE PSYCHOLOGIST AND THE SERE INTERROGATION SPECIALIST. THE "INCREASED PRESSURE PHASE" WILL FOLLOW A GENERAL STRATEGY INVOLVING A MENU OF PRE-APPROVED TECHNIQUES. AS THIS WILL LIKELY BE A FLUID SITUATION, IT IS NOT POSSIBLE TO DEVELOP A RIGID SCRIPT FOR THE SCENARIO.

5. PRESSURE TECHNIQUES: THE BELOW TECHNIQUES ARE THE MENU OF THE PRE-APPROVED INTERROGATION TECHNIQUES. THESE ARE THE TOOLS THROUGH WHICH THE INTERROGATION TEAM WILL DISLOCATE ABU ZUBAYDAH'S EXPECTATIONS OF HIS TREATMENT. THEY ARE THE SAME TECHNIQUES USED ON U.S. MILITARY PERSONNEL DURING SERE TRAINING. THE TECHNIQUES ARE DESIGNED TO NOT/NOT CAUSE SEVERE PHYSICAL HARM AND A MEDICAL EXPERT WITH SERE EXPERIENCE WILL BE PRESENT THROUGHOUT THEIR IMPLEMENTATION. PER THE GUIDANCE OF THE SERE PSYCHOLOGIST, THE ANTICIPATION OF THESE TECHNIQUES IS OFTEN WORSE THEN THE ACTIONS THEMSELVES. PER CTC/LGL, ONLY TWO OF BELOW METHODS REQUIRE ATTORNEY GENERAL APPROVAL; THE REMAINING CAN BE APPROVED BY CIA'S LEGAL STAFF.

-- ATTENTION GRASP: IN A CONTROLLED AND QUICK MOTION, GRASP THE INDIVIDUAL WITH BOTH HANDS, ONE ON EACH SIDE OF THE COLLAR OPENING. IN THE SAME MOTION, DRAW THE INDIVIDUAL TOWARD YOU.

-- WALLING: THE INDIVIDUAL IS STOOD IN FRONT OF A SPECIALLY CONSTRUCTED FLEXIBLE WALL: THE INDIVIDUAL'S HEELS TOUCH THE WALL. THE INDIVIDUAL IS

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PULLED FORWARD AND THEN QUICKLY AND FIRMLY PUSHED INTO THE WALL. THE HEAD AND NECK ARE SUPPORTED WITH A ROLLED HOOD OR TOWEL THAT PROVIDES A C-COLLAR EFFECT.

TO HELP PREVENT WHIPLASH. CONTACT WITH THE WALL IS MADE WITH THE INDIVIDUAL'S SHOULDER BLADES. TO REDUCE THE PROBABILITY OF INJURY, THE INDIVIDUAL IS ALLOWED TO REBOUND FROM THE WALL.

-- FACIAL HOLD: ONE OPEN PALM IS PLACED ON EITHER SIDE OF THE INDIVIDUAL'S FACE, FINGERTIPS WELL AWAY FROM THE INDIVIDUAL'S EYES. THE GOAL IS TO HOLD THE HEAD IMMOBILE.

-- FACIAL SLAP (INSULT SLAP): THE SLAP IS DELIVERED WITH FINGERS SLIGHTLY SPREAD. CONTACT SHOULD BE MADE WITH THE AREA DIRECTLY BETWEEN THE TIP OF THE CHIN AND THE BOTTOM OF THE CORRESPONDING EARLOBE. THE GOAL OF THE FACIAL SLAP IS TO INDUCE SHOCK AND SURPRISE, NOT SEVERE OR LASTING PAIN.

-- CRAMPED CONFINEMENT: INDIVIDUALS ARE PLACED IN A CONFINED SPACE THE DIMENSION OF WHICH RESTRICTS MOVEMENT. THE CONTAINER IS USUALLY DARK. INDIVIDUALS MAY BE KEPT IN LARGER CONFINEMENT SPACES FOR UP TO 18 HOURS, AND SMALLER CONFINEMENT BOXES FOR ONE HOUR.

-- WALL STANDING: THIS TECHNIQUE IS USED TO INDUCE FATIGUE. THE INDIVIDUAL STANDS APPROXIMATELY 4 OR 5 FEET FROM A WALL, WITH HIS FEET SPREAD APPROXIMATELY SHOULDER WIDTH. WITH ARMS OUT STRETCHED IN FRONT, FINGERS RESTING ON THE WALL SUPPORTING BODY WEIGHT. INDIVIDUALS ARE NOT ALLOWED TO MOVE OR REPOSITION THEIR FEET OR HANDS.

-- STRESS POSITIONS: A VARIETY OF STRESS POSITIONS ARE POSSIBLE. THEY FOCUS ON PRODUCING MILD PHYSICAL DISCOMFORT FROM PROLONGED MUSCLE USE, RATHER THAN PAIN ASSOCIATED WITH CONTORTIONS OR TWISTING OF THE BODY. THE TWO DISCUSSED WERE (1) ABU ZUBAYDAH SITTING ON THE FLOOR WITH LEGS EXTENDED STRAIGHT OUT IN FRONT OF HIM WITH HIS ARMS RAISED ABOVE HIS HEAD; AND (2) HAVING ABU ZUBAYDAH KNEEL ON THE FLOOR AND LEAN BACK AT A 45 DEGREE ANGLE.

-- SLEEP DEPRIVATION: PREVENTING SLEEP IS INTENDED TO HAVE THE EFFECT OF REDUCING THE ABU ZUBAYDAH'S ABILITY TO THINK ON HIS FEET AND TO MOTIVATE HIM TO COOPERATE BECAUSE OF THE DISCOMFORT ASSOCIATED WITH THE LACK OF SLEEP. FOR MOST PEOPLE, THE EFFECTS OF SLEEP DEPRIVATION REMIT AFTER ONE OR TWO NIGHTS OF UNINTERRUPTED SLEEP. IN RARE CIRCUMSTANCES, INDIVIDUALS PREDISPOSED TO PSYCHOLOGICAL PROBLEMS MAY DISPLAY ABREACTIONS, BUT THESE TOO GENERALLY REMIT AFTER THE INDIVIDUAL SLEEPS. THE RECORD (GUINNESS BOOK OF WORLD RECORDS) FOR VOLUNTARY SLEEP DEPRIVATION IS 205 HOURS WITH THE SUBJECT SHOWING NO SIGNIFICANT PSYCHOLOGICAL PROBLEMS AND QUICK RECOVERY AFTER ONE OR TWO DAYS OF SLEEP.

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-- WATER BOARD: WITH THIS PROCEDURE, INDIVIDUALS ARE BOUND SECURELY TO AN INCLINED BENCH. INITIALLY A CLOTH IS PLACED OVER THE SUBJECT'S FOREHEAD AND EYES. AS WATER IS APPLIED IN A CONTROLLED MANNER, THE CLOTH IS SLOWLY LOWERED

UNTIL IT ALSO COVERS THE MOUTH AND NOSE. ONCE THE CLOTH IS SATURATED AND COMPLETELY COVERING THE MOUTH AND NOSE, SUBJECT WOULD BE EXPOSED TO 20 TO 40 SECONDS OF RESTRICTED AIRFLOW. WATER IS APPLIED TO KEEP THE CLOTH SATURATED.

AFTER THE 20 TO 40 SECONDS OF RESTRICTED AIRFLOW, THE CLOTH IS REMOVED AND THE

SUBJECT IS ALLOWED TO BREATHE UNIMPEDED. AFTER 3 OR 4 FULL BREATHS, THE PROCEDURE MAY BE REPEATED. WATER IS USUALLY APPLIED FROM A CANTEEN CUP OR SMALL WATERING CAN WITH A SPOUT. PER CTC/LGL, THIS TECHNIQUE WILL REQUIRE APPROVAL FROM THE ATTORNEY GENERAL.

-- USE OF DIAPERS: ABU ZUBAYDAH APPEARS TO BE VERY FASTIDIOUS. HE SPENDS MUCH TIME CLEANING HIMSELF AND SEEMS TO GO OUT OF HIS WAY TO AVOID CIRCUMSTANCES LIKELY TO BRING HIM IN CONTACT WITH POTENTIALLY UNCLEAN OBJECTS OR MATERIAL. HE IS VERY SENSITIVE TO SITUATIONS THAT REFLECT A LOSS OF STATUS

OR ARE POTENTIALLY HUMILIATING. ONE WAY TO LEVERAGE HIS CONCERNS, WHILE HELPING ENSURE HIS WOUND DOESN'T BECOME INFECTED WITH HUMAN WASTE WHEN IN CRAMPED CONFINEMENT IS TO PLACE HIM IN AN ADULT DIAPER. IF SOILED, CARE WOULD

HAVE TO BE TAKEN TO KEEP HUMAN WASTE OUT OF HIS LEG WOUND.

-- INSECTS: ABU ZUBAYDAH APPEARS TO HAVE A FEAR OF INSECTS. ONE POSSIBILITY IS TO THREATEN TO PLACE STINGING INSECTS INTO THE CRAMPED CONFINEMENT BOX WITH

HIM, BUT INSTEAD PLACE HARMLESS INSECTS. THE PURPOSE OF THIS WOULD BE TO PLAY OFF HIS FEARS AND INCREASE HIS SENSE OF DREAD AND MOTIVATE HIM TO AVOID THE BOX

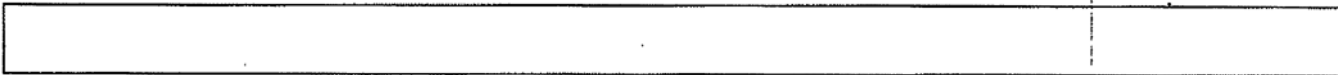
IN THE FUTURE BY COOPERATING WITH THE INTERROGATOR'S REQUESTS.

-- MOCK BURIAL: THE INDIVIDUAL IS PLACED IN A CRAMPED CONFINEMENT BOX THAT RESEMBLES A COFFIN. THE BOX HAS HIDDEN AIR HOLES TO PREVENT SUFFOCATION. THE

INDIVIDUAL IS MOVED TO A PREPARED SITE WHERE HE HEARS DIGGING. THE SITE HAS A

PREPARED HOLE, DUG IN SUCH A WAY THAT THE BOX CAN BE LOWERED INTO THE GROUND AND SHOVELS OF DIRT THROWN IN ON TOP OF IT WITHOUT BLOCKING THE AIR HOLES OR ACTUALLY BURYING THE INDIVIDUAL. THIS PROCEDURE WOULD BE USED AS PART OF A THREAT AND RESCUE SCENARIO WHERE THE "BURIAL" IS INTERRUPTED AND THE SUBJECT IS

RESCUED BY A CONCERNED PARTY. THE RESCUERS THEN USE THE SUBJECT'S FEAR OF BEING RETURNED TO THE PEOPLE TRYING TO BURY HIM AS A MEANS OF PRESSURING THE SUBJECT FOR INFORMATION. PER CTC/LGL, THIS TECHNIQUE WILL REQUIRE APPROVAL FROM THE ATTORNEY GENERAL.



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6. GENERAL STRATEGY: IN MOVING FROM THE ISOLATION PHASE TO THE "INCREASED PRESSURE PHASE," THE EVENTS WILL FOLLOW A GENERAL STRATEGY UTILIZING THE APPROVED INTERROGATION TECHNIQUES. BELOW IS ONE POSSIBLE SCENARIO THAT MAY BE EMPLOYED IN THE NEXT PHASE; HOWEVER, IT IS PROVIDED ONLY AS AN EXAMPLE.

-- THROUGHOUT THE INTERROGATIONS AND IN THE ISOLATION PHASE, ABU ZUBAYDAH HAS UTILIZED A RESISTANCE TECHNIQUE OF COMPLAINING ABOUT HIS TREATMENT. TO CAPITALIZE ON THIS BEHAVIOR, A NEW INTERROGATOR (POSSIBLY THE SERE PSYCHOLOGIST) WILL ENTER THE CELL, THUS ENDING THE ISOLATION PHASE, AND ENGAGE

ABU ZUBAYDAH ON HIS COMPLAINTS. THE NEW INTERROGATOR WILL INDICATE TO ABU ZUBAYDAH THAT HIS TREATMENT IS A DIRECT RESPONSE TO HIS WILLINGNESS TO PROVIDE INFORMATION. WHEN ABU ZUBAYDAH CLAIMS HE HAS TOLD US EVERYTHING HE KNOWS AND WE SHOULD BE FAIR, THE INTERROGATOR MAY EMPLOY THE "INSULT SLAP," IF NEEDED. THIS SLAP IS ONLY ONE EXAMPLE OF THE ABOVE TECHNIQUES AIMED TO DISLOCATE ABU ZUBAYDAH'S EXPECTATIONS OF HIS TREATMENT AND MAKE IT CLEAR THAT HIS PERCEPTION OF HIS TREATMENT WILL CHANGE.

-- THE INTERROGATOR WILL THEN READ HIM A LIST OF ITEMS, DERIVED FROM ABU ZUBAYDAH'S OWN STATEMENTS, FOR WHICH WE ARE CERTAIN HE IS WITHHOLDING INFORMATION AND INDICATE THE ONLY WAY FOR ABU ZUBAYDAH TO PREVENT THINGS FROM GETTING WORSE IS TO TELL US EVERYTHING HE KNOWS.

-- ABU ZUBAYDAH WILL THEN BE PLACED IN THE CONFINEMENT BOX FOR A SUITABLE PERIOD OF TIME. IF NECESSARY, HE WILL BE FITTED WITH A DIAPER TO PREVENT HIS LEG WOUND FROM BEING INFECTED BY URINE OR EXCREMENT. WHILE ABU ZUBAYDAH IS IN THE CONFINEMENT BOX, THE STAFF WILL CONSTRUCT A FLEXIBLE WALL FOR USE WITH THE "WALLING" TECHNIQUE. ABU ZUBAYDAH WILL HEAR THIS WALL BEING CONSTRUCTED.

-- ABU ZUBAYDAH WILL BE REMOVED FROM THE BOX AND INTRODUCED TO ANOTHER NEW ENTITY, THE INTERROGATION SPECIALIST. THE SPECIALIST WILL SUBJECT ABU ZUBAYDAH TO A SERIES OF "FEAR AND DESPAIR" ROUNDS IN WHICH THE INTERROGATION SPECIALIST WILL CAREFULLY IMPLEMENT THE APPROVED INTERROGATION TECHNIQUES; THIS MAY INCLUDE "WALLING." THE EFFECTIVELY ORCHESTRATED TREATMENT OF ABU ZUBAYDAH WILL CONVEY THE FEELING OF HELPLESSNESS.

-- AT AN APPROPRIATE TIME, ABU ZUBAYDAH WILL BE SHOWN AND THREATENED WITH THE "WATER BOARD" - HISTORICALLY THE MOST EFFECTIVE INTERROGATION TECHNIQUE USED BY THE U.S. MILITARY. ABU ZUBAYDAH WILL THEN BE PLACED BACK INTO THE

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CONFINEMENT

BOX TO CONTEMPLATE HIS SITUATION. WHEN APPROPRIATE, HE WILL BE REMOVED AND SUBJECTED TO THE "WATER BOARD." SHOULD HE THEN COOPERATE THIS WILL CEASE BUT IF NEEDED, THIS TREATMENT WILL CONTINUE.

-- THE INTERROGATION SPECIALIST WILL CYCLE ABU ZUBAYDAH THROUGH "FEAR AND DESPAIR" ROUNDS, THE "WATER BOARD," AND THE CONFINEMENT BOX OVER THE COURSE OF

THE INCREASED PRESSURE PHASE. IT HAS BEEN TENTATIVELY DECIDED THAT THIS PHASE

WILL LAST APPROXIMATELY THIRTY DAYS FROM ITS KICK-OFF.

7. MEDICAL COVERAGE: IN ORDER TO COVER THE NEW PHASE DETAILED ABOVE, OMS HAS DECIDED TO SEND A SENIOR HQS-BASED PHYSICIANS ASSISTANT [REDACTED]

[REDACTED] TO MONITOR THE INTERROGATIONS. [REDACTED]

[REDACTED]

~~SECRET~~

[REDACTED]

[REDACTED]

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